

## אנגלית

### על פי תכנית הרפורמה ללמידה משמעותית (MODULE C)

#### PART I: ACCESS TO INFORMATION FROM WRITTEN TEXTS (70 points)

Read the article below and then answer questions 1-10.

#### LEARNING A NEW LANGUAGE

**I** As young children, we learn our first language easily, but, as we grow up, we slowly begin to lose our natural ability to learn a language. However, in a recent study, researchers in China found that adults may learn a language more easily if they are doing some kind of physical exercise while they are studying.

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**II** The researchers worked with 40 adults who were studying English. They divided them into two groups. One group continued to study while they were sitting in regular classes as they had always done. The researchers added physical exercise to the lessons of the second group. These students began riding exercise bike 20 minutes before each lesson and continued riding until the end of the lesson.

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**III** Both groups participated in eight lessons of 45 minutes each for two months. They were tested after each lesson. The study showed that the students who rode bikes during the lesson did better on the tests than those sat in the classroom without exercising. They remembered more new words than the students who didn't ride bikes. They also remembered the new word for a longer time than the other students.

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**IV** The researchers said that some of the findings were unexpected. First of all, the students who rode bikes reported that they were able to focus better than during regular lessons. They also said they were able to enjoy the lessons more.

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**V** "Our conclusion is that doing physical exercise while studying a new language improves a person's ability to learn it" says Dr. Li Wang, one of the researchers. We know, of course, that it is not practical for language schools to buy many bicycles. They don't have the money or the place for them. We are just saying that teaching a language should include some kind of physical exercise".

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30 **VI** Other Chinese researchers disagree with these conclusions. Their studies show that too much movement in the class disturbs both the students and the teachers. These researchers doubt there is a connection between learning a language and exercise. However, even if there is a connection, there are still many questions that need to be answered. For example: Is exercise most helpful before, during or after lessons? Also, how much and what type of exercise is best.

Answer questions **1-10** in English according to the article. In questions **1, 3, 4, 6** and **9**, circle the number of the correct answer. In the other questions, follow the instructions.

1. In paragraph I, we learn (-)

- i) How children learn a second language
- ii) Why adults like to do physical exercise
- iii) What may help us learn a new language**
- iv) What researchers discovered about children

(7 points)

2. According to paragraph I, how do we change when we become adults?

ANSWER: **We slowly begin to lose our natural ability to learn a language.**

(7 points)

3. According to paragraph II, (-)

- i) 40 researchers took part in the study
- ii) Only one group studied English
- iii) The students were learning how to ride bikes
- iv) The students in the study were adults**

(7 points)

4. In paragraph II, we learn that the group that rode bikes (-)

- i) Had longer lessons than the other group
- ii) Had studied English for many years
- iii) Rode their bikes before and during the lessons**
- iv) Liked to exercise more than the other group

(7 points)

5. How did the researchers find out how much the students learned? (paragraph III)

ANSWER: **They tested the students after each lesson.**

(7 points)

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6. the results of Dr. Wang's study showed that (-). (paragraph III)

i) **The group that exercised knew more words than the other group**

ii) The group that didn't exercise remembered more words for a longer time

iii) Both groups remembered the same number of words at the end

iv) The group that exercised forgot the new words after each lesson

(7 Points)

7. What surprised the researchers? Give ONE answer. (paragraph V)

ANSWER: **The students who rode the bikes reported that they were able to focus better than during regular lessons.** (תשובות נוספות אפשריות)

(7 points)

8. PUT A \_ BY THE TWO CORRECT ANSWERS. (paragraph V)

Dr. Li Wang believes that (-)

.....i) adults learn languages better in regular classes.

.....ii) students have to buy exercise bikes

**.....iii) exercise during a language class is helpful**

.....iv) adults should exercise more

.....v) students enjoy studying many languages

**.....vi) language schools can't buy many bikes**

(2X7=14 points)

9. According to studies of other researchers, what were teachers unhappy about?

(paragraph VI)

ANSWER: **too much movement in the classroom.**

(7 points)

**PART II: WRITTEN PRESENTATION (30 points)**

**10.** Write a description according to the instruction below. Write 70-90 words.

Describe volunteer work you have done. Explain how you felt about it.

**ב ה צ ל ח ה !**